

Microworlds of everyday life in narratives of family caregivers of individuals with dementia: A study of being-in-care and learning

Keywords: family caregiver, dementia, old age, informal care, learning, caregiving microworld

Abstract:

The research project is grounded in the qualitative orientation of social research. Within the field of pedagogy, this doctoral dissertation delves into the complex micro-worlds of everyday life experienced by family caregivers of individuals with dementia. The researcher introduces the reader to the subtle nuances of caregivers' daily lives, uncovering their intimate experiences. The author meticulously analyzes the learning process of caregivers, sharing insights into data collection and analysis. An additional strength of the study lies in the behind-the-scenes exploration of the researcher's own investigative process. The researcher takes the reader deep into the research context, revealing personal involvement in the theme of caring for individuals with dementia. This aspect enhances the interesting empirical part and the interpretation of the gathered information. The empirical section demonstrates the practical application of theoretical frameworks. The conclusion of the dissertation, supported by recommendations, emerges as the result of an in-depth study. The final notes include a reflection on "being-in-research" and the continuous learning process, offering a new perspective on family caregivers.